

Hello Trevor,

It was a cold week outside, but it was warm in the library between the heating system and all the people who came to our events! Monday, we started the week with Lyrics at the Library karaoke. Then Wednesday morning we had our weekly Storytime program. On Thursday morning, students from the Amery School District's 4K classes visited the library for a tour, storytime, and a craft. Miss Emma had another PBS KIDS learning session, where they learned about the role of play in education and explored [PBS resources](#).



Then Thursday night the adults took over the library for our Third Thursday Craft Night. Participants created a watercolor bookshelf to track their 2024 reading. They also mixed a Hygge Tea powder to take home to use in making a warm drink on cold winter days and evenings.

Next week is a little quieter at the library. Monday evening at 5:45 p.m. we have our monthly library board meeting. This is open to the public. Then on Wednesday morning, we have our weekly Storytime.

Of course, you can always drop in to read a newspaper or [magazine](#), use our computers, read a book, browse our [puzzle collection](#), check out a [board game](#), find a [cake pan](#) to borrow, play a video game on our [PS5](#) or [Nintendo Switch](#), check out a pair of snowshoes, or find a movie to watch at home.

Thanks for reading,

AAPL Staff



Looking for information on a health or wellness issue? Want more information on a medication or an herbal remedy? In addition to books on health and wellness, through the Wisconsin Department of Instruction and their BadgerLink Online Library, we provide access to a variety of online databases free of charge. These include:

- **Consumer Health Complete** - Consumer-oriented health content, from mainstream to holistic medicine (480 full-text magazines and journals, 640 full-text health reference books, e-books, and encyclopedias)
- **Health Source: Consumer Edition** - Collection of consumer health information (Full-text consumer health magazines, health pamphlets, and reference books; Covers many health topics including medical sciences, food science and nutrition, childcare, sports medicine, and general health)
- **Health Source: Nursing/Academic Edition** - Full-text journals focusing on many medical disciplines (More than 355 full-text journals including 287 peer-reviewed journals; provides researchers, allied health professionals, nurses, and medical educators with information on many medical disciplines)
- **Alt HealthWatch** - Alternative health research database focused on complementary, holistic, and integrated approaches to health care and wellness (subjects include acupuncture, aromatherapy, childbirth, Chinese medicine, chiropractic, creative therapies, cross-cultural therapies, energy medicine, herbalism, homeopathy, mind-body medicine, naturopathy, nutrition, osteopathy, and more.)

For assistance in using these databases, [email us](#) to setup an appointment, or drop in to the library and ask at the circulation desk and tell the staff you want to use the Badger Link Health and Wellness Databases.

[Access Badger Link Health and Wellness Databases](#)

## Winter Reading & Hygge Challenge

**HYGGE** - (say it: "hue-guh")  
is an idea: coziness, togetherness,  
appreciating the natural world, and enjoying  
ordinary moments as if they were special.



Read books, practice the “hygge” way of life, and cozy your way through winter with us!

Pick up a bingo card at the front desk to begin our Winter Reading Program.

For every bingo you complete, come in for a small treat and a raffle ticket.

A grand prize drawing will be held on March 1, 2024.

## Upcoming Events

Monday, January 22 - Amery Area Public Library Board of Trustees Regular Meeting - 5:45 p.m.

Wednesday, January 24 - Storytime - 10 - 10:45 a.m.

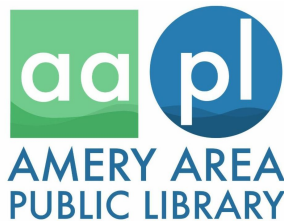
Tuesday, January 30 - **Death Cafe** (discussion group) - 5 - 6 p.m.

Thursday, February 1st - **Books and Brews Book Club** - 6 - 7 p.m.

Remember to check our full calendar at [amerylibrary.org/calendar](https://amerylibrary.org/calendar)

Calendar

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